



Welcome to Alzheimer Café Isle of Wight

Since opening our doors in 2009, we have been here to offer support, guidance, and informal education about dementia. Whether you're concerned about your memory, supporting someone with a dementia, or simply curious to learn more — you're warmly invited to join us.

You don't need a diagnosis to attend, and newcomers are always very welcome. Our sessions are free, there's no need to book, and while donations are appreciated, they're never expected. Come along and connect with others in a relaxed and supportive space.

Tel: 01983 220200

Email: info@alzheimercafeiw.org.uk

Website: www.alzheimercafeiw.org.uk

Find us at Parklands Dementia Resource Centre, Park Road Cowes PO31 7LZ
(Mon – Fri 9am – 5pm).